

# Behavioral Health

## Helping others – the noblest of professions

*Achieve your goals fast and efficiently! In only eighteen months, you can earn your associate degree with our NEW term schedule!*

### Why Choose P.I.T. to prepare you as a Behavioral Health professional?

✓ Experienced Instructors

✓ Intimate Learning Environment and Family Atmosphere

✓ Parallel Learning

✓ Learn at Your Own Pace with eLearning at P.I.T.

✓ Free Tutoring

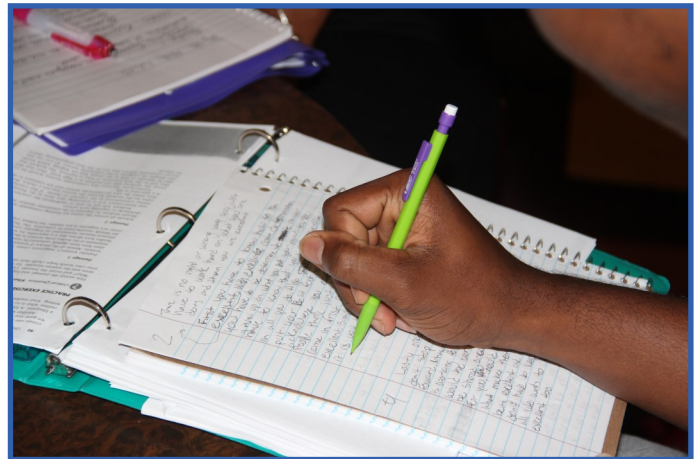
### What is the Behavioral Health Program?

Our Behavioral Health program prepares you for working with individuals and their families who receive behavioral health services in a variety of settings. The curriculum includes coursework in human growth and development, case management, developmental disabilities, and mental health disorders. Students are given the opportunity to practice their skills at a behavioral health care facility during their practicum in the fourth semester.

### Why is the program beneficial to me?

The Behavioral Health program at P.I.T. enables you to immediately join the workforce in an entry-level position in an emerging new career opportunity! Many of P.I.T.'s Behavioral Health graduates have found positions in:

- Criminal justice
- Mental health facilities
- Children and youth agencies
- Inpatient and outpatient rehabilitation centers
- Hospitals
- Corporate employee-assistance programs
- Prevention and intervention centers



### Where can I go after P.I.T.?

In addition to being prepared for immediate employment, P.I.T. has transfer agreements with a number of colleges and universities in the area. These agreements enable you to transfer your college credits earned at P.I.T. and complete a bachelor's degree at any accredited college or university. P.I.T. will prepare you for the next step that's right for YOU!

# BEHAVIORAL HEALTH (BEH)

## *Associate in Science (A.S.)*

### *Recommended Course Sequence*

Code	Course (Credits)	Code	Course (Credits)
BEH 101	Introduction to Behavioral Health (3)	BIO 112	Introduction to Anatomy and Physiology (4)
ENG 108	Composition (3)	BEH 221	Resolution-based Counseling Skills (3)
SIT 203	Basic Office Software Applications (3)	BEH 229	Family Counseling (3)
ENG 215	Analytical Writing (3)	MTH 207*	Statistics (3)
HUM 140	Critical Thinking in the Modern Age (3)	CRJ ____	Criminal Justice Elective (3)
PSY 105	Introduction to Psychology (3)	BEH 215	Behavioral Healthcare Management (3)
BEH 113	Group Dynamics (3)	_____	Free Elective (3)
MTH 130	Mathematics for Healthcare Professionals (3)		
PSY 109	Human Growth and Development (3)		
BEH 203	Counseling Theories and Techniques (3)		
COM 108	Communications and Social Interaction (3)		
BEH 107	Mental Health Disorders (3)		
BEH 123	Trends in Developmental Disabilities (3)		
BEH 217	Behavioral Approaches (3)		

**PROGRAM TOTAL: 64**

\*Prerequisite coursework is required.

NOTE: Additional course(s) may be required based on the results of a placement test.

## Course Highlights

### **BEH 217—Behavioral Approaches**

This course provides an overview of major theoretical approaches to counseling, including psychoanalytic, person-centered, cognitive-behavioral, and solution-focused theories. Students will develop an understanding of the process for selecting appropriate counseling interventions that are consistent with current research standards and parameters.

### **BIO 135—Anatomy and Physiology I**

This course offers a presentation of structure and function of the human body using a systematic approach. It introduces the general terminology used to describe the relative position of body parts, body sections and regions. Laboratory instruction includes the study of human anatomy via quantitative studies of physiological processes.

### **BEH 229—Family Counseling**

Students will study the counseling within the family perspective. The course includes an introduction to theories of family therapy as well as research in family counseling and family functioning. Through the analysis of the research on family development and common family issues across the familial life cycle, students will be introduced to counseling strategies and techniques.

## TUITION INFORMATION

### Number of Terms in Program

Traditional – 6 Terms

### Academic or Certification Achievement

Associate Degree for transfer to university or employment

### Tuition and Fees for Associate Degree Programs

- Graduation Fee: \$100
- May exclude books and supplies, course or program fees.

\*A detailed breakdown may be obtained in the financial aid office.